
Product Manual

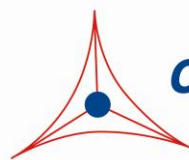
Free Fatty Acid Assay Kit (Fluorometric)

Catalog Number

STA-619

100 assays

FOR RESEARCH USE ONLY
Not for use in diagnostic procedures



CELL BIOLABS, INC.
Creating Solutions for Life Science Research

Introduction

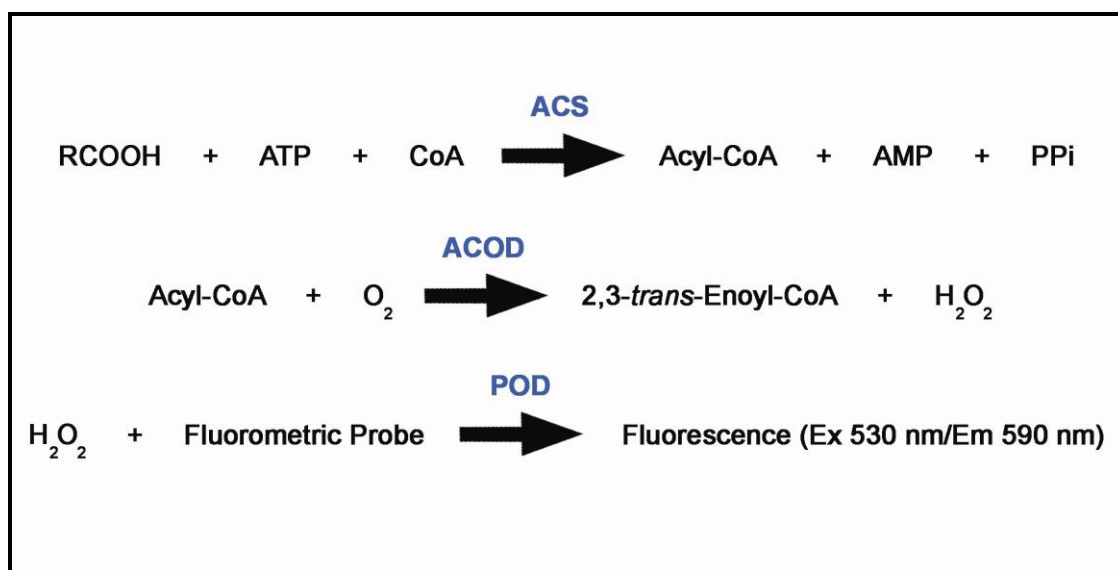
Triglycerides (TAG) are a type of lipid in the blood, serving as an energy source and playing a key role in metabolism. Triglycerides are the digestive end product of breaking down dietary fats. Any extra carbohydrates and fats that are not immediately used are chemically converted into triglycerides. In the intestines, secreted enzyme lipases hydrolyse the triglyceride ester bond, yielding glycerol and free fatty acids (FFA) in a process called lipolysis. Additionally, hormones induce and regulate lipase activity in adipose tissue, resulting in changes to blood FFA levels. Free fatty acids then bind plasma albumin for circulation in the body, serving as a readily absorbed energy source for muscle, brain and other organ tissues. Measurement of free fatty acids has become useful in monitoring and diagnosis of several diseases and metabolic disorders (e.g. obesity, insulin resistance, diabetes, cancer).

Cell Biolabs' Free Fatty Acid Assay Kit measures non-esterified fatty acids (NEFA) in serum and plasma by a coupled enzymatic reaction system (ACS-ACOD Method). First, Acyl CoA Synthetase (ACS) catalyzes fatty acid acylation of coenzyme A. Next, the acyl-CoA product is oxidized by Acyl CoA Oxidase (ACOD), producing hydrogen peroxide which reacts with the kit's Fluorometric Probe (Ex. 530-560 nm/Em. 585-595 nm).

The Free Fatty Acid Assay Kit is a simple, fluorometric assay that quantitatively measures the free fatty acid concentration (non-esterified) in various samples using a 96-well microtiter plate format. Each kit provides sufficient reagents to perform up to 100 assays, including blanks, standards and unknown samples. The kit contains a palmitic acid standard and has a detection sensitivity limit of ~5 μM .

Note: This kit is not suitable for urine or heparin-containing samples. Fatty acids (C8 and longer) can be quantified with this kit.

Assay Principle



Related Products

1. STA-375: Uric Acid/Uricase Assay Kit
2. STA-390: Total Cholesterol Assay Kit
3. STA-391: HDL and LDL/VLDL Cholesterol Assay Kit
4. STA-397: Serum Triglyceride Quantification Kit (Fluorometric)
5. STA-399: Free Glycerol Assay Kit (Fluorometric)

Kit Components (shipped on dry ice)

1. FFA Standard (Part No. 261801): One 100 μ L vial of 50 mM palmitic acid in ethanol.
2. 20X Assay Buffer (Part No. 261802): One 1.5 mL vial.
3. 5X Enzyme Mixture A (Part No. 261803): Four 1 mL vials (containing ACS, Ascorbate Oxidase, and necessary cofactors).
4. 5X Enzyme Mixture B (Part No. 261804): Four 0.5 mL vials (containing ACOD).
5. NEM Reagent (Part No. 261805): One 150 μ L amber vial.
6. Fluorometric Probe (Part No. 261901): One 110 μ L amber vial.

Materials Not Supplied

1. Standard 96-well fluorescence black microtiter plate
2. Fluorescence microplate reader capable of reading excitation in the 530-560 nm range and emission in the 585-595 nm range

Storage

Store the entire kit at -80°C . Avoid multiple freeze/thaws by aliquoting. The NEM Reagent and Fluorometric Probe are light sensitive and should be maintained in amber tubes.

Preparation of Reagents

- **FFA Standard:** Thaw at 37°C for 10 minutes. Once homogeneous and mixed well, maintain the standard at room temperature during assay preparation. The solution is stable for 1 week at room temperature. For longer term storage, the solution should be aliquoted and frozen at -80°C to avoid multiple freeze/thaws.
- **1X Assay Buffer:** 20X Assay Buffer should be thawed/maintained at 4°C during assay preparation. Dilute the 20X Assay Buffer with deionized water. Stir to homogeneity. The 1X solution is stable for 1 week at 4°C . For longer term storage, any unused 20X stock material should be aliquoted and frozen at -80°C to avoid multiple freeze/thaws.
- **1X Enzyme Mixture (A or B):** Each 5X Enzyme Mixture should be thawed/maintained at 4°C during assay preparation. Dilute the 5X Enzyme Mixture with cold, deionized water. Stir to homogeneity. The 1X solution is stable for 1 week at 4°C . For longer term storage, any unused 5X stock material should be aliquoted and frozen at -80°C to avoid multiple freeze/thaws.

Note: These components are provided in multiple tubes to minimize multiple freeze/thaws.

- NEM Reagent: Thaw and maintain at 4°C during assay preparation. The solution is stable for 1 week at 4°C. For longer term storage, the solution should be aliquoted and frozen at -80°C to avoid multiple freeze/thaws.
- Fluorometric Probe: Thaw and maintain at room temperature during assay preparation. Any unused material should be aliquoted and frozen at -80°C to avoid multiple freeze/thaws.

Preparation of FFA Standard

Heat the FFA Standard at 37°C for 10 minutes. Mix well by vortexing to ensure the solution is homogeneous and free of palmitic acid crystals. Freshly prepare a dilution series of standard in the concentration range of 0 μM – 500 μM by diluting the standard stock solution (provided at 50 mM) in 1X Assay Buffer (see Table 1). FFA diluted solutions and standards should be prepared fresh, vortexed well and used immediately.

Standard Tubes	50 mM FFA Standard (μL)	1X Assay Buffer (μL)	Final FFA Standard (μM)
1	10	990	500
2	500 of Tube #1	500	250
3	500 of Tube #2	500	125
4	500 of Tube #3	500	62.5
5	500 of Tube #4	500	31.25
6	500 of Tube #5	500	15.63
7	500 of Tube #6	500	7.81
8	0	500	0

Table 1. Preparation of Free Fatty Acid Standards

Preparation of Samples

- Urine: This kit is not recommended for urine samples.
- Plasma: Collect blood with an anticoagulant such as citrate, EDTA or oxalate and mix by inversion. Centrifuge the blood at 1000 x g at 4°C for 10 minutes. Collect plasma supernatant without disturbing the white buffy layer. Sample should be tested immediately or frozen at -80°C for storage. Plasma must be diluted before assaying (1:2 to 1:20 in 1X Assay Buffer). Normal FFA levels in human plasma are typically 150-450 μM .

Note: Heparin is known to interfere with the assay. Heparin containing samples including heparinized plasma should be avoided.

- Serum: Collect blood in a tube with no anticoagulant. Allow the blood to clot at room temperature for 30 minutes. Centrifuge at 2500 x g for 20 minutes. Remove the yellow serum supernatant without disturbing the white buffy layer. Samples should be tested immediately or frozen at -80°C for storage. Serum must be diluted before assaying (1:2 to 1:20 in 1X Assay Buffer). Normal FFA levels in human serum are typically 100-700 μM .

Assay Protocol

Each FFA standard and sample should be assayed in duplicate or triplicate. A freshly prepared standard curve should be used each time the assay is performed.

1. Add 10 μL of the FFA standards, samples or blanks to the 96-well microtiter plate.
2. Add 200 μL of 1X Enzyme Mixture A (see Preparation of Reagents) to each well.
3. Cover the plate wells to protect the reaction from light.
4. Incubate at 37°C for 30 minutes.
5. During the step 4 incubation, separately prepare the desired volume of Detection Enzyme Mixture according to Table 2 below, based on the number of tests to be performed. Maintaining all components and mixtures at 4°C throughout this step, add components in the following sequence:
 - a. In a tube, add the appropriate volume of 1X Enzyme Mixture B (see Preparation of Reagents).
 - b. To the 1X Enzyme Mixture B add the corresponding volume of NEM Reagent. Mix well.
 - c. Finally, add the corresponding volume of Fluorometric Probe. Mix well and immediately use.

Note: Detection Enzyme Mixture will appear slightly pink in color. This is normal background and should be subtracted from all absorbance values.

1X Enzyme Mixture B (mL)	NEM Reagent (μL)	Fluorometric Probe (μL)	Total Volume of Detection Enzyme Mixture (mL)	# of Tests in 96-well Plate (100 $\mu\text{L}/\text{test}$)
10	100	100	10.2	100
5	50	50	5.1	50
2.5	25	25	2.55	25

Table 2. Preparation of Detection Enzyme Mixture

6. Transfer 100 μL of the above Detection Enzyme Mixture to each well (from step 4).
7. Cover the plate wells to protect the reaction from light.
8. Incubate at 37°C for 10 minutes.
9. Read the plate with a fluorescence microplate reader equipped for excitation in the 530-560 nm range and for emission in the 585-595 nm range.
10. Calculate the concentration of free fatty acid within samples by comparing the sample fluorescence to the standard curve. Negative controls (without FFA) should be subtracted.

Example of Results

The following figures demonstrate typical Free Fatty Acid Assay Kit results. One should use the data below for reference only. This data should not be used to interpret actual results.

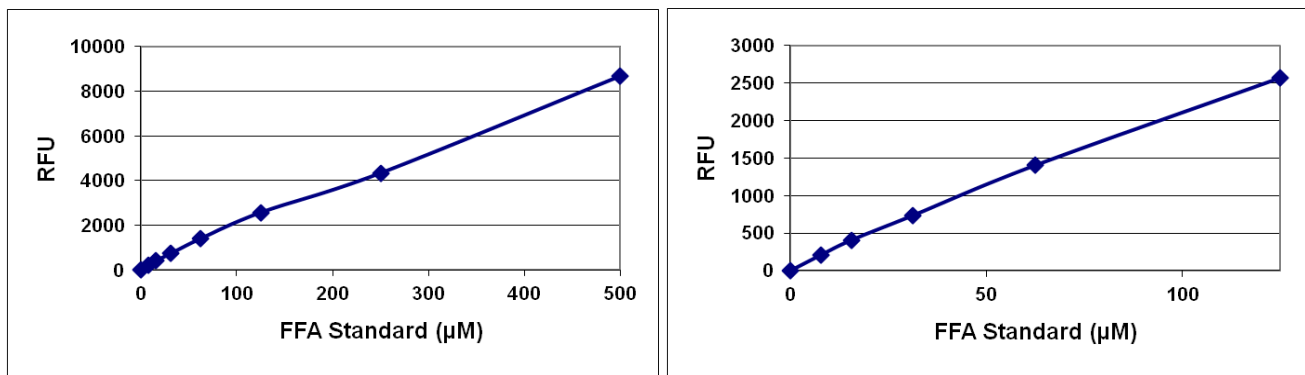


Figure 1: Free Fatty Acid Assay Standard Curve. FFA standard curve was performed according to the Assay Protocol. Background has been subtracted.

References

1. Boden, G., Cheung, P., Stein, T.P. et al. (2002) *Am J. Physiol.* **283**, E12-E-19.
2. Steinberg, H.O., Tarshoby, M., Monestel, R. et al. (1997) *J. Clin. Invest.* **100**, 1230-1239.
3. Boden, G., Lebed, B. Schatz, M. et al. (2001) *Diabetes* **50**, 1612-1617.
4. Boden, G., She, P., Mozzoli, M. et al. (2005) *Diabetes* **54**, 917-927.
5. Kelley, D.E., Mokan, M., Simoneau, J.A., and Mandarino, L.J. (1993) *J. Clin. Invest.* **92**, 91-98.
6. Lewis, G.F., Uffelman, K.D., Szeto, L.W., Weller, B., and Steiner, G. (1995) *J. Clin. Invest.* **95**, 158-166.

Recent Product Citations

1. Gross, K.N. et al. (2024). A Dose-Response Study to Examine Paraxanthine's Impact on Energy Expenditure, Hunger, Appetite, and Lipolysis. *J Diet Suppl.* **21**(5):608-632. doi: 10.1080/19390211.2024.2351222.
2. Bestepe, F. et al. (2023). Deficiency of MiR-409-3p Improves Myocardial Neovascularization and Function Through the Modulation of DNAJB9/p38 MAPK signaling. *Mol Ther Nucleic Acids.* **32**:995-1009. doi: 10.1016/j.omtn.2023.05.021.
3. Bolus, W.R. et al. (2018). Elevating adipose eosinophils in obese mice to physiologically normal levels does not rescue metabolic impairments. *Mol Metab.* **8**:86-95. doi: 10.1016/j.molmet.2017.12.004.

Warranty

These products are warranted to perform as described in their labeling and in Cell Biolabs literature when used in accordance with their instructions. THERE ARE NO WARRANTIES THAT EXTEND BEYOND THIS EXPRESSED WARRANTY AND CELL BIOLABS DISCLAIMS ANY IMPLIED WARRANTY OF MERCHANTABILITY OR WARRANTY OF FITNESS FOR PARTICULAR PURPOSE. CELL BIOLABS's sole obligation and purchaser's exclusive remedy for breach of this warranty shall be, at the option of CELL BIOLABS, to repair or replace the products. In no event shall CELL BIOLABS be liable for any proximate, incidental or consequential damages in connection with the products.

Contact Information

Cell Biolabs, Inc.
5628 Copley Drive
San Diego, CA 92111
Worldwide: +1 858 271-6500
USA Toll-Free: 1-888-CBL-0505
E-mail: tech@cellbiolabs.com
www.cellbiolabs.com

©2013-2025: Cell Biolabs, Inc. - All rights reserved. No part of these works may be reproduced in any form without permissions in writing.